

# Principles of Occupational Safety & Health (POSH)

## Overview

POSH is a practical foundation course covering the essentials of occupational safety and health. Through the use of case studies and real examples, this course focuses on the practical application of best practise in occupational safety and health.

## PPTplus

International training with Pivotal Performance includes PPTplus. This is your guarantee of consistently high quality training worldwide. Wherever you work, your training will focus on practical application and inspire you with the self confidence to make a positive impact back at work.

**Duration** 5 days

## Who Should Attend

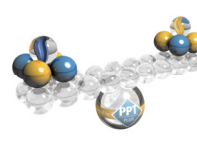
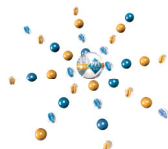
Managers whose role demands an appreciation of OSH and who are seeking a qualification that is recognised internationally.

## Benefits for attendees include

- Increased confidence to deal with these issues in the workplace.
- A balanced perspective of these issues by addressing the technical and human factors.
- Ability to apply knowledge to solving workplace health and safety problems.
- Increased ability to communicate on health and safety issues at all levels.

## Course Content Includes

- Principles of Occupational Safety and Health Management
- Hazard Recognition, Evaluation and Control
- Safety Communication
- Employee Involvement
- Incident Reporting and Investigation
- Job Safety Analysis
- Safety Training
- Safety Teams
- Safety Inspections
- Introduction to OSHA
- Fundamentals of Industrial Hygiene
- Hazard Communication



**Course Content Continued:**

- Ergonomics
- Personal Protective Equipment
- Injury and Illness Record Keeping
- Emergency Action Plan
- Safety Orientation
- Creating a Safety and Health Plan for Managing Action
- Safety Management Systems

The course is evaluated by way of a written test at the end of the programme and by means of a Safety and Health Action Plan prepared by course attendees.

